

Employee Health and Wellbeing - Developing an Integrated Approach



Dublin
Ashling Hotel
Thursday 23rd April 2020

Portlaoise
The Midlands Park Hotel
Wednesday 13th May 2020



Certified Training

High Value Learning

About this Course

Work Related Health Risks.

The Health and Safety Authority announced a new health and safety strategy 2019-2021 which placed an increased focus on work related health risks. Employers have a legal obligation to assess all workplace health risks which may cause illness and comply with health and safety general application regulations.

Health Promotion, Health Surveillance and Health Screening in the Workplace

Under Section 22(1) of the SHWW Act 2005 every employer must ensure that health surveillance appropriate to the risks to safety, health and welfare that may be incurred at the place of work identified by the risk assessment under section 19 is made available to his or her employees.

Certified Training

Certificate of attendance presented by the EAP Institute

Continuing Professional Development Awards

Professional Development Hours (P.D.H.'s) will be awarded by the Employee Assistance Certification Commission (EACC) for attendance

IOSH CPD Points

The Institution of Occupational Safety and Health (IOSH) members will be able to allocate CPD points to the course at the rate of 3 points per course day

Learning Objectives

At the end of this seminar, those attending will have knowledge of:

- Developing a Workplace Health and Wellbeing policy and programme.
- Conducting risk assessments on all workplace physical and behavioural risks.
- Reducing stress and increasing personal resilience.



Maurice Quinlan Director of EAP Institute, introduced the Occupational Alcoholism Programme (OAPs) concept to Europe and hosted the first seminar on this topic in the Clarence Hotel, Dublin, in September 1980. In 2017 he designed a new training module to manage the Health and Safety Risks of those who drive for work.



Dr Deirdre Gleeson completed the specialist registrar-training program with The Faculty of Occupational Medicine of The Royal College of Physicians in Ireland in 2004 and is now a Fellow of the Faculty. In 2005, Dr Gleeson founded Medwise, Occupational Health Services, which has clinics in Dublin, Limerick and Naas. Dublin Speaker 23rd April 2020.



Dr Sasha Hennessy Specialist in Occupational Health, Medwise, Limerick. Sasha graduated from RSCI in 2007 and trained in Clinical Medicine in Beaumont Hospital, Dublin and Letterkenny Hospital. Portlaoise Speaker 13th May 2020.

Online Booking Fee
€325
Manual and USB supplied with full notes
www.eapinstitute.com

Course Programme

8.30 am	Registration. Tea/Coffee and Danish Pastries.
9.00 am	Guidelines on developing an integrated Employee Health and Wellbeing Policy and Programme Health and Safety Strategy 2019-2021. Employee Health and Wellbeing Bill 2015. Maurice Quinlan
10.00 am	Risk Assessment - Physical Risks Assessing all workplace physical risks which may cause illness. Identifying and complying with health and safety general application regulations.
10.30 am	Tea/Coffee
11.00 am	Risk Assessment – Mental Health Risks Assessing all risks to mental health and wellbeing from workplace psychosocial, behavioural and mental health risks. Employer's legal obligations under Health and Safety and Equality Legislation. Case Law.
12 Noon	Conducting Employee Medical Fitness for Duty Evaluations Dr Deirdre Gleeson , Medwise, will speak at the Dublin Seminar on 23rd April Dr Sasha Hennessy, Medwise, will speak at the Portlaoise Seminar on 13th May
1.00 pm.	Lunch
2.00 pm	Reducing Personal Stress, Personality Type, Impact of Life Events. Adaptive Behaviour.
3.00 pm	Comfort Break
3.15 pm	Sleep, Health and Work Duty to warn of imminent danger - mental ill health following traumatic incident.
4.00 pm	Template for an integrated Health and Wellbeing Programme Maurice Quinlan
4.30 pm	Course and speaker evaluations, Certificate of Attendance. close

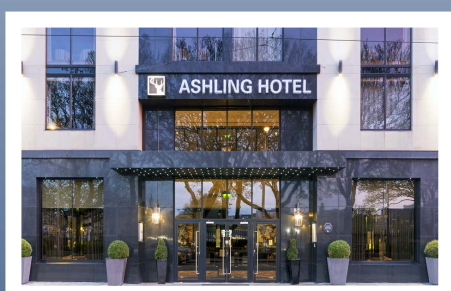
Online booking fee € 325 Manual and USB supplied with full notes

Each delegate attending will receive a comprehensive manual in hard copy a USB and Certificate of Attendance.

Delegates attending will be invited to complete a post-course assignment.



Accommodation List



Dublin Course Hotel

By Luas (tram)

The Luas Red Line is right outside our door. The two closest stops are Museum and Heuston.

By train

Train from Cork, Limerick, Waterford, Kerry, Mayo, Athlone, Tullamore, Kildare and some of the suburbs to the west of Dublin terminate at Heuston Station. From here, we're an easy two-minute walk.

The Ashling Hotel, Parkgate Street, Dublin

Tel: 01 6772324

info@ashlinghotel.ie

www.ashlinghotel.ie

Double B+B €134



Portlaoise Course Hotel

From Dublin Airport - 1 Hour 10 Minutes

By Bus - Bus Eireann, (Dublin- Laois)

By Train - Iarnrod Eireann

Midlands Park Hotel, Jessop Street, Portlaoise, Co. Laois

R32 KV20

Phone: +353 (0) 5786 78 588

Email: info@midlandsparkhotel.com

www.midlandsparkhotel.com

Double B+B €92

Subject to availability

Book Online

€325

www.eapinstitute.com

Irene Kenny, Course Administrator
EAP Institute, 143 Barrack Street
Waterford, Ireland

Tel: 051 855733, Intl. +353 855733

Email: irene.kenny@eapinstitute.com